

How To Find Us

1. From the M62 / M602 motor ways, follow City Centre signs A57 Regent Road passing Sainsbury's on your left. Continue to another set of traffic lights, with a Casino on your right, go through these lights. At the next set of traffic lights move over to the left following **Green Signs for A56 Altrincham, Old Trafford**, go straight on under the bridge up to the roundabout. **DO NOT GO UNDER THE UNDERPASS A57M Mancunian Way.**

Go round the roundabout and take the last Green exit signed posted **A56 Old Trafford, Trafford Park**. Go down the A56 passing a large building on the left (Beever & Struthers Chartered Accountants). Look out on the left for a large white signpost **A5014 Old Trafford**, just before the set of traffic lights. Take the left-hand slip road Chester Road. **DO NOT GO ON THE NEW Bridgewater BY-PASS A56.**

Continue on the A5014 to the first set of traffic lights. As you go through the lights take the turning on the left in to Northumberland Road, take the first turning on your right into Manchester Street. The entrance to In2 – Training is on the right. You may **park** in any of the places on the **left-hand side** as you drive in. **DO NOT PARK ON THE RIGHT-HANDSIDE** of the car park. Additional Parking is also available on the main Chester Road in front of 451.

2. From M6 (approx 10 miles), Altrincham (7 miles), from Sale / M60 (approx 3 miles), follow City Centre signs along the A56. At the set of traffic lights with Sir Matt Busby Way, look for the **Quicks** clock up on the left. Get into the right hand lane and continue along the A56, passing **White City Retail Park** on your right. At the next set of traffic lights, get into the right hand filter lane, signed posted A5067 Old Trafford, Hulme. **DO NOT CONTINUE ON THE NEW Bridgewater BY-PASS A56.** Continue along A5067 passing the Audi garage and Gala Bingo is on your right.

At the second set of traffic lights the road forks, keep in the left-hand lane following signs for the City Centre. After approx 200 yards there is a **Total garage** on your right. Just before the next set of traffic lights turn right into Northumberland Road, take the first turning on your right into Manchester Street. The entrance to In2 – Training is on the right. You may **park** in any of the places on the **left-hand side** as you drive in. **DO NOT PARK ON THE RIGHT-HANDSIDE** of the car park. Additional Parking is also available on the main Chester Road in front of 451.

3. From the M56 follow signs **A5103 Manchester City Centre**. After about 3 miles at a set of traffic lights, you will see an **Asda supermarket** on your left. Continue for a further ½ mile to a roundabout. Follow blue signs Mancunian Way A57M, keep in the left lane and come off at the junction signed posted **A56 Stretford, Trafford Park**. At the large round about, take the second exit signed posted A56 Old Trafford, Trafford Park. Go down the A56 passing a large building on the left (Beever & Struthers Chartered Accountants). Look out on the left for a large white signpost **A5014 Old Trafford**, just before the set of traffic lights. Take the left-hand slip road Chester Road. **DO NOT GO ON THE NEW Bridgewater BY-PASS A56.**

Continue on the A5014 to the first set of traffic lights. As you go through the lights take the turning on the left in to Northumberland Road, take the first turning on your right into Manchester Street. The entrance to In2 – Training is on the right. You may **park** in any of the places on the **left-hand side** as you drive in. **DO NOT PARK ON THE RIGHT-HANDSIDE** of the car park. Additional Parking is also available on the main Chester Road in front of 451.

4. From Deansgate (City Centre), follow signs for A56 Old Trafford, Trafford Park. Go down the A56 passing a large building on the left (Beever & Struthers Chartered Accountants). Look out for on the left a large white signpost A5014 Old Trafford, just before the set of traffic lights. Take the left-hand slip road Chester Road. **DO NOT GO ON THE NEW Bridgewater BY-PASS A56.**

Continue on the A5014 to the first set of traffic lights. As you go through the lights take the turning on the left in to Northumberland Road, take the first turning on your right into Manchester Street. The entrance to In2 – Training is on the right. You may **park** in any of the places on the **left-hand side** as you drive in. **DO NOT PARK ON THE RIGHT-HANDSIDE** of the car park. Additional Parking is also available on the main Chester Road in front of 451.

Public Transport

Bus

You can catch a number 256 bus from Piccadilly Gardens, and get off at Empress Street. Walk up Chester Road passed the large red brick building to 451 Chester Road Roberts House which is on your left hand side.

Tram

You can also use the Metro-Link Tram system from Victoria or Piccadilly Train Stations or from Piccadilly Gardens. You need to get off at either Cornbrook or Trafford Bar.

From **Cornbrook**, walk to the by-pass and cross over on to Chester Road, Williams Bike showroom on the corner. Continue up Chester Road until you come to a set of traffic lights. Walk straight on there is a large red brick building on your right and a row of Victorian houses on your left. You will find 451 Roberts House on your left.

From **Trafford Bar**, walk across the road to the Toll Gate pub. If you look ahead, you will see a large red brick and blue glassed office block called West Point. Head towards this building. With the office block on your right, continue walking passed a Total petrol station, after about 200 yards you will find 451 Roberts House, Chester Road on your right.

